

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

**Directors' and Trustees' Report and Accounts
for the year ended 31 July 2012**

Company No. 02733511

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Company Information

PATRON	Rosie Barnes OBE
PRESIDENT	Chris Rolles
DIRECTORS/TRUSTEES	Michael Ridgway Richard Foulsham Ronald Henry James Hopwood Dr Julian Peter Legg (appointed 21.9.11) Frederick William Salmond David Sawyer (appointed 18.1.12) Stephen James Todd Anthony Wolstenholme
SECRETARY	Frederick William Salmond
REGISTERED OFFICE	22 Little Hayes Lane Itchen Abbas Winchester SO21 1XA
COMPANY REGISTRATION NUMBER	02733511
REGISTERED CHARITY NUMBER	1014734

**CHILD HEALTH INTERNATIONAL
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**CHILD HEALTH INTERNATIONAL
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Directors' and Trustees' Report for the year ended 31 July 2012

The Directors and Trustees present their report and the accounts for the year ended 31 July 2012.

Structure and Governance

The company is a registered charity and a company limited by guarantee. It was incorporated on 22nd July 1992 and registered as a charity on 13th October 1992. Its governing documents are the Memorandum and Articles of Association. In the event of the Company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the Company are also Trustees for the purposes of charity law. All Directors give their time voluntarily and receive no remuneration from the Company. Vacant Trustee positions are generally advertised and appointments are made by the Board after interview by one or more Directors. Appointments are made with due regard to the specific skills needed by the Company at the time of recruitment (for example medical, legal, fundraising, financial etc).

The Company takes due regard of the guidance on public benefit published by the Charity Commission. Support is normally offered through public health services available to all in the countries in which the Company operates.

Objectives and Activities

Child Health International is a registered charity, whose principal activity concentrates on improving the healthcare of children with Cystic Fibrosis (CF) in various central and eastern European countries, many of them formerly part of the Soviet Union. The Charity's first project was in Russia itself, where the CF healthcare system was transformed between 1994 and 1998. Subsequently CHI has worked in Ukraine, Belarus, the Baltic States, Moldova and Albania.

We concentrate on CF because very good results can be achieved at low cost by getting the simple things "right", e.g. by keeping careful records of weight, height and lung function and then educating affected families and relevant medical professionals to provide regular, appropriate physiotherapy and a good diet for the child with CF.

Our key strategic objectives for 2012-2015 are:

Projects

- Develop a project plan, targets and exit strategy for each country where we work.
- Provide the resources and commitment to maintain and manage projects to achieve agreed targets.
- Develop and implement new projects as the opportunity arises, with a clear commitment to follow-through for at least 3 years.
- Develop closer practical working arrangements with CF Europe.
- Be more flexible in the use of health professionals other than doctors.

Fundraising

- Keep a viable fundraising strategy under continuous review to ensure income is always greater than proposed project expenditure.
- Maintain frequency and range of communication about work and achievements.
- Recruit additional regular donations, add to the database of supporters and make more use of the contacts we have.
- Develop relationships with commercial organisations without compromising independence or values.

Organisation

- Ensure CHI keeps abreast of latest developments in CF and Charity management.

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Directors' and Trustees' Report of the year ended 31 July 2012 (continued)

- Adapt as necessary to handle the planned increased project load efficiently.
- Ensure administration and governance costs remain below 15% of income.

Achievements and Performance

During the year we continued work in Ukraine, Latvia, Lithuania and Moldova and made an exploratory visit to Albania. We maintained contact with partners in Estonia and hope to re-start active work soon.

In November 2011 our project manager made a three day visit to Vilnius, Lithuania to attend a conference organised by the Parents' Association and develop a support plan. Following meetings with doctors, hospital administrators and the local representative of Abbott Pharmaceuticals as well as parents, he developed a project proposal for review by the board. We agreed to set up a programme of 'expert learning sessions' for clinical staff, to supply nebulisers for home use and to offer part funding to the Parents' Association. A follow-up visit originally planned for May had to be rescheduled but took place successfully in September.

In February we brought a doctor, a physiotherapist and a specialist nurse from the CF unit in Lviv, Ukraine to the Royal Brompton Hospital for further training.

In March we arranged for doctors from Latvia and Moldova to attend a specialist 'Nutrition in CF' course at Leeds Metropolitan University. Following the course they were joined by the head of the CF unit in Moldova for 4 days of visits and seminars with the CF unit at Southampton University Hospital. Feedback from the visitors was excellent.

In late May a team from Southampton University Hospital with a CHI project manager made an exploratory visit to the Mother Teresa Children's Hospital in Tirana, Albania. The visit included talks to nurses and parents as well as seeing patients in clinic. Their report recommended changes to current practice and offered training for specialist staff and possible funding for improved diagnostic equipment. Changes in the Ministry of Health have delayed a response but we hope to see follow-up work during the coming year.

In June our chairman attended the CF Europe annual conference in Dublin. This provided a valuable overview of the state of CF care in Europe and the opportunity to meet representatives of several Parents' Associations. We are in discussion with those in Serbia and Bulgaria about possible follow-up work.

During the year six Board meetings were held. We were delighted to welcome Dr Julian Legg, paediatric respiratory consultant at University Hospital Southampton, as a Trustee in September 2011, and also David Sawyer, retired solicitor, as a Trustee in January 2012.

Financial Review

Thanks to a magnificent effort from Trustee Rick Foulsham and his son Will in the Cape Wrath Marathon Challenge, there was a substantial one-off boost of nearly £9,000 in the charity's income. Our tabletop sales continued to raise funds successfully, and although these have been annual events, two such sales happened to fall in the period under review. A reception at Winchester Cathedral raised further donations and helped to increase awareness of the charity's activities.

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Directors' and Trustees' Report of the year ended 31 July 2012 (continued)

Projects were active in five countries in the year (compared to three in 2010/11), but there was a slight decrease in overall project expenditure. Administration costs were substantially lower during the year.

Overall a surplus of £5,133 was achieved, boosting our cash reserves to £25,429 at the end of the year. This will provide vital financial backing to our plans for expanded activities in future years.

Reserves Policy

All the funds of the Company are unrestricted. Reserves are used to meet the expenditure requirements of the charity in meeting its objectives. The Trustees consider the level of reserves at the end of the year to be adequate for its needs in the year ahead. They provide a measure of comfort to enable the charity's activities to continue in the event of a shortfall of donations and/or fundraising.

Website

A visit to our website is recommended for more information about Child Health International - www.childhealthinternational.org

This report was approved by the board on 12th November 2012 and signed on its behalf.

**RHJ Hopwood
Chairman of Trustees**

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**Statement of Financial Activities
for the year ended 31 July 2012**

	Notes	<u>2012</u> £	<u>2011</u> £
INCOMING RESOURCES			
Incoming resources from generated funds			
Voluntary income		14,527	8,737
Activities for generating funds		1,585	1,014
Investment income		232	244
Total incoming resources	2	<u>16,344</u>	<u>9,995</u>
RESOURCES EXPENDED			
Costs of generating funds			
Fundraising		1,253	431
Charitable activities		8,278	9,066
Governance costs		1,680	2,713
Total resources expended		<u>11,211</u>	<u>12,210</u>
Net income/(expenditure)	3	5,133	(2,215)
RECONCILIATION OF FUNDS			
Total funds brought forward		20,833	23,048
Total funds carried forward		<u>25,966</u>	<u>20,833</u>

None of the charity's activities were acquired or disposed of in the year under review or the preceding year.

The charity has no recognised gains or losses other than those dealt with in the statement of financial activities.

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**Balance Sheet
as at 31 July 2012**

	Notes	<u>2012</u> £	<u>2011</u> £
Current Assets			
Debtors	6	1,382	1,533
Cash at bank and in hand		<u>25,429</u>	<u>19,562</u>
		<u>26,811</u>	<u>21,095</u>
Current Liabilities			
Creditors: Amounts falling due within one year	7	(845)	(262)
Total Assets less Current Liabilities		<u>25,966</u>	<u>20,833</u>
Unrestricted Funds			
General funds		25,966	20,833
Total Charity Funds		<u>25,966</u>	<u>20,833</u>

For the year ending 31st July 2012 the Company was entitled to exemption from audit under Section 477(2) of the Companies Act 2006 relating to the small companies regime.

The members have not required the Company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for:

- ensuring the Company keeps accounting records which comply with Section 386; and
- preparing accounts which give a true and fair view of the state of affairs of the Company as at the end of the financial year, and of its profit and loss for the financial year, in accordance with the requirements of Section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the Company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 12th November 2012
and signed on their behalf by

RHJ Hopwood
Chairman

Date: 12th November 2012

**CHILD HEALTH INTERNATIONAL
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**Notes to the accounts
for the year ended 31 July 2012**

1 Principal Accounting Policies

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with both the Financial Reporting Standard for Smaller Entities effective January 2005 and the Statement of Recommended Practice "Accounting and Reporting by Charities" effective 2005.

1.2 Fund accounting

All funds are unrestricted and available for use at the discretion of the directors in furtherance of the general objectives of the charity.

1.3 Incoming resources

Incoming resources are included in the statement of financial activities when the Company is entitled to the income and the amount can be quantified with reasonable accuracy.

1.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered.

1.5 Fixed assets

Fixed assets are stated at cost and depreciation is provided at rates calculated to write off the cost, less estimated residual values over the expected useful lives of the assets as follows:

Short term leasehold premises	Over the term of the lease on straight line
Office equipment and furniture	25% reducing balance.

1.6 Taxation

The company is a registered charity and all of its activities fall within the exemptions afforded to charities under taxation legislation. No charge to taxation therefore arises.

2 Turnover

The incoming resources of £16,344 (2011: £9,995) were derived entirely from the company's charitable work. Services and time provided free of charge by medical professionals are not included in this figure.

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**Notes to the accounts
for the year ended 31 July 2012**

3 Net income/(expenditure)

Net income/(expenditure) is stated after charging:

	<u>2012</u> £	<u>2011</u> £
Depreciation and amortisation	0	0

4 Employees

The company had no employees in this or the preceding year.

5 Related party transactions

No directors received any remuneration during the year. Three (2011: three) directors received £7,949 (2011: £8,479) by way of reimbursement of travel, accommodation and other costs incurred on behalf of the company during the period.

6 Debtors

	<u>2012</u> £	<u>2011</u> £
Accrued income (gift aid)	1,082	1,484
Prepayments	300	46
Other	-	3
	<u>1,382</u>	<u>1,533</u>

7 Creditors

Amounts falling due within one year:

	<u>2011</u> £	<u>2010</u> £
Accruals	845	262
	<u>845</u>	<u>262</u>