

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

**Directors' and Trustees' Report and Accounts
for the year ended 31 July 2013**

Company No. 02733511

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Company Information

PATRON	Rosie Barnes OBE
PRESIDENT	Chris Rolles
DIRECTORS/TRUSTEES	Michael Ridgway Lucy Catherine Dowson (appointed 14/11/12) Richard Foulsham Ronald Henry James Hopwood (Chairman) Dr Julian Peter Legg Frederick William Salmond David Sawyer (resigned 2/10/13) Stephen James Todd Anthony Wolstenholme (resigned 3/4/13)
SECRETARY	Frederick William Salmond (resigned 14/11/12) David Sawyer (appointed 14/11/12)
REGISTERED OFFICE	22 Little Hayes Lane Itchen Abbas Winchester SO21 1XA
COMPANY REGISTRATION NUMBER	02733511
REGISTERED CHARITY NUMBER	1014734

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**CHILD HEALTH INTERNATIONAL
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Directors' and Trustees' Report for the year ended 31 July 2013

The Directors and Trustees present their report and the accounts for the year ended 31 July 2013.

Structure and Governance

The company is a registered charity and a company limited by guarantee. It was incorporated on 22nd July 1992 and registered as a charity on 13th October 1992. Its governing document is now the Articles of Association adopted by special resolution dated 18th September 2013 (previously the governing documents were the Memorandum and Articles from Incorporation in 1992). In the event of the Company being wound up members are required to contribute an amount not exceeding £10.

The Directors of the Company are also Trustees for the purposes of charity law. All Directors give their time voluntarily and receive no remuneration from the Company. Vacant Trustee positions are generally advertised and appointments are made by the Board after interview by one or more Directors. Appointments are made with due regard to the specific skills needed by the Company at the time of recruitment (for example medical, legal, fundraising, financial etc).

The Company takes due regard of the guidance on public benefit published by the Charity Commission. Support is normally offered through public health services available to all in the countries in which the Company operates.

Objectives and Activities

Child Health International is a registered charity, whose activity primarily concentrates on improving standards of healthcare by charitable means, principally in relation to the treatment of children in countries in central and eastern Europe who suffer from Cystic Fibrosis (CF). The Charity's first project was in Russia, where the CF healthcare system was transformed between 1994 and 1998. Subsequently CHI has worked in Ukraine, Belarus, the Baltic States, Moldova, Albania and Bulgaria.

We concentrate on CF because very good results can be achieved at low cost by getting the simple things "right", e.g. by keeping careful records of weight, height and lung function and then educating affected families and relevant medical professionals to provide regular, appropriate physiotherapy and a good diet for the child with CF.

Our key strategic objectives for 2012-2015 are:

Projects

- Develop a project plan, targets and exit strategy for each country where we work.
- Provide the resources and commitment to maintain and manage projects to achieve agreed targets.
- Develop and implement new projects as the opportunity arises, with a clear commitment to follow-through for at least 3 years.
- Develop closer practical working arrangements with CF Europe.
- Be more flexible in the use of health professionals other than doctors.

Fundraising

- Keep a viable fundraising strategy under continuous review to ensure income is always greater than proposed project expenditure.
- Maintain frequency and range of communication about work and achievements.
- Recruit additional regular donations, add to the database of supporters and make more use of the contacts we have.
- Develop relationships with commercial organisations without compromising independence or values.

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Directors' and Trustees' Report of the year ended 31 July 2013 (continued)

Organisation

- Ensure CHI keeps abreast of latest developments in CF and Charity management.
- Adapt as necessary to handle the planned increased project load efficiently.
- Ensure administration and governance costs remain below 15% of income.

Achievements and Performance 2012/13

Project work developed less quickly than we had hoped due to slow responses from overseas partners and UK medical volunteers. Nevertheless work continued in four countries and contacts were developed in four more.

We supplied six more nebulisers to enable patients in Moldova to be given hypertonic saline and inhaled antibiotics at home, reducing the need to visit the hospital and the risk of cross contamination. Dr Julian Legg also continued to provide advice to the Moldovan doctors by email and Skype.

In September 2012 a team led by Dr Mark Rosenthal and including a physiotherapist, a dietician and a clinical psychologist from the Royal Brompton Hospital made a three day visit to the CF clinic in Vilnius, Lithuania. They held a number of 'expert learning sessions' including outpatient clinics and lectures with the aim of illustrating modern treatment regimes to both staff and parents.

A doctor, a nurse and a physiotherapist from the National Children's Hospital in Albania visited Southampton University Hospital in March for a program of observations and seminars arranged by Dr Hazel Evans. To reduce costs accommodation was provided in trustees' homes and Forest Laboratories kindly sponsored a dinner for our guests and the hospital staff hosting them. We donated a spirometer and calibration syringe to improve lung function testing in the clinic in Tirana.

Our long running project in support of the CF clinic in Lviv, Ukraine reached a successful conclusion as the team there is now well established. It is expected that specialists at the Royal Brompton Hospital will continue to provide support by email and Skype.

Our Patron, Rosie Barnes OBE and ex-chairman Tony Wolstenholme attended CF conferences in St Petersburg and Moscow to promote the idea of a single organisation supporting all aspects of CF work (clinics, research, parent/patient support and political lobbying) like the CF Trust in the UK. The visit also confirmed the great progress in CF care which started with the original IIHA Moscow project 20 years ago. These visits were undertaken at the invitation of the Russian charity 'Ostrova' and the Moscow CF Congress Committee, who covered most of the travel and accommodation costs.

Plans for an exploratory visit to Bulgaria had to be postponed but this will now take place in November 2013. We remain in communication with clinics in Estonia and Latvia and hope to resume visits in the near future.

In January we welcomed three new project managers which should increase our ability to support overseas work.

During the year six board meetings were held. As well as reviewing project progress and financial matters we reviewed and updated our Strategic Vision, Mission, Values & Objectives and began a

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Directors' and Trustees' Report of the year ended 31 July 2013 (continued)

review of the company's articles to bring them in line with current legislation. We were delighted to welcome Lucy Dowson to the board in November 2012. Tony Wolstenholme resigned from the board in March 2013 after many years of dedicated service.

Financial Review

Although lower than in 2011/12, income in 2012/13 was satisfactory. Trustees are particularly grateful to Gilead for their grant of £5,000. Proceeds from the tabletop sale were lower (there were two such sales in the previous year). Ki Stunt, who had planned to run for CHI in the London to Brighton Marathon, had to withdraw due to injury but still managed to raise £397 for us.

We had active projects in four countries during the year and project expenditure was 29% higher at £10,665. Governance costs were again reduced during the year.

Overall a surplus of £1,299 was achieved, and with strong cash resources we are in an excellent position to expand our activities in the future.

Reserves Policy

All the funds of the Company are unrestricted. Reserves are used to meet the expenditure requirements of the charity in meeting its objectives. The Trustees consider the level of reserves at the end of the year to be adequate for its needs in the year ahead. They provide a measure of comfort to enable the charity's activities to continue in the event of a shortfall of donations and/or fundraising.

Website

A visit to our website is recommended for more information about Child Health International - www.childhealthinternational.org

This report was approved by the board on 29th January 2014 and signed on its behalf.

RHJ Hopwood
Chairman of Trustees

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**Statement of Financial Activities
for the year ended 31 July 2013**

	Notes	<u>2013</u> £	<u>2012</u> £
INCOMING RESOURCES			
Incoming resources from generated funds			
Donations and grants		12,063	14,527
Activities for generating funds		1,138	1,585
Investment income		222	232
Total incoming resources	2	<u>13,423</u>	<u>16,344</u>
RESOURCES EXPENDED			
Costs of generating funds			
Fundraising		5	1,253
Charitable activities		10,665	8,278
Governance costs		1,454	1,680
Total resources expended		<u>12,124</u>	<u>11,211</u>
Net income/(expenditure)		1,299	5,133
RECONCILIATION OF FUNDS			
Total funds brought forward		25,966	20,833
Total funds carried forward		<u>27,265</u>	<u>25,966</u>

None of the charity's activities were acquired or disposed of in the year under review or the preceding year.

The charity has no recognised gains or losses other than those dealt with in the statement of financial activities.

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**Balance Sheet
as at 31 July 2013**

	Notes	<u>2013</u> £	<u>2012</u> £
Current Assets			
Debtors	5	1,165	1,382
Cash at bank and in hand		<u>26,186</u>	<u>25,429</u>
		<u>27,351</u>	<u>26,811</u>
Current Liabilities			
Creditors: Amounts falling due within one year	6	(86)	(845)
Total Assets less Current Liabilities		<u>27,265</u>	<u>25,966</u>
Unrestricted Funds			
General funds		27,265	25,966
Total Charity Funds		<u>27,265</u>	<u>25,966</u>

For the year ending 31st July 2013 the Company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the Company to obtain an audit in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29th January 2014
and signed on their behalf by

RHJ Hopwood
Chairman

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**Notes to the accounts
for the year ended 31 July 2013**

1 Principal Accounting Policies

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with both the Financial Reporting Standard for Smaller Entities effective April 2008 and the Statement of Recommended Practice "Accounting and Reporting by Charities" effective 2005.

1.2 Fund accounting

All funds are unrestricted and available for use at the discretion of the directors in furtherance of the general objectives of the charity.

1.3 Incoming resources

Incoming resources are included in the statement of financial activities when the Company is entitled to the income and the amount can be quantified with reasonable accuracy. Donated services are disclosed where the value is readily available or capable of reasonable estimation.

1.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered.

1.5 Taxation

The company is a registered charity and all of its activities fall within the exemptions afforded to charities under taxation legislation. No charge to taxation therefore arises.

2 Turnover

The incoming resources of £13,423 (2012: £16,344) were related entirely to the company's charitable work.

The 2013 figure includes £2,040 (2012: nil) of donated services in terms of travel and accommodation from the Russian charity Ostrova (£740), the Moscow 11th CF National Congress (£800) and from Mrs Rosie Barnes OBE (£500). These figures are estimated.

Services and time provided free of charge by medical professionals are not included in this figure.

3 Employees

The company had no employees in this or the preceding year.

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4 Related party transactions

No directors received any remuneration during the year. Three (2012: three) directors received £2,534 (2012: £7,949) by way of reimbursement of travel, accommodation and other costs incurred on behalf of the company during the period.

5 Debtors

	<u>2013</u> £	<u>2012</u> £
Accrued income (gift aid)	760	1,082
Prepayments	300	300
Other	105	-
	<u>1,165</u>	<u>1,382</u>

6 Creditors

	<u>2013</u> £	<u>2012</u> £
Amounts falling due within one year:		
Accruals	86	845
	<u>86</u>	<u>845</u>