

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

**Directors' and Trustees' Report and Accounts
for the year ended 31 July 2015**

Company No. 012733511

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Company Information

PATRON	Rosie Barnes OBE
PRESIDENT	Chris Rolles
DIRECTORS/TRUSTEES	Michael Ridgway Lucy Catherine Dowson (resigned 13/1/15) Richard Foulsham (resigned 12/11/14) Ronald Henry James Hopwood (Chairman) Dr Julian Peter Legg Philip David Penton Frederick William Salmond Laura Timms Stephen James Todd Kathryn Jane Toms (appointed 4/9/14, resigned 15/7/15)
SECRETARY	Frederick William Salmond
REGISTERED OFFICE	22 Little Hayes Lane Itchen Abbas Winchester SO21 1XA
COMPANY REGISTRATION NUMBER	02733511
REGISTERED CHARITY NUMBER	1014734

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Contents

	Page
Directors' and Trustees' Report for the year ended 31 July 2015	1
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Accounts	7

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Directors' and Trustees' Report for the year ended 31 July 2015

The Directors and Trustees present their report and the accounts for the year ended 31 July 2015.

Structure and Governance

The company is a registered charity and a company limited by guarantee. It was incorporated on 22nd July 1992 and registered as a charity on 13th October 1992. Its governing document is the Articles of Association adopted by special resolution dated 18th September 2013. In the event of the Company being wound up members are required to contribute an amount not exceeding £10.

The Directors of the Company are also Trustees for the purposes of charity law. All Directors give their time voluntarily and receive no remuneration from the Company. Vacant Trustee positions are generally advertised and appointments are made by the Board after interview by one or more Directors. Appointments are made with due regard to the specific skills needed by the Company at the time of recruitment (for example medical, legal, fundraising, financial etc).

The Company takes due regard of the guidance on public benefit published by the Charity Commission. Support is normally offered through public health services available to all in the countries in which the Company operates.

Objectives and Activities

Child Health International is a registered charity, whose activity primarily concentrates on improving standards of healthcare by charitable means, principally in relation to the treatment of children in countries in central and eastern Europe who suffer from Cystic Fibrosis (CF). The Charity's first project was in Russia, where the CF healthcare system was transformed between 1994 and 1998. Subsequently CHI has worked in Ukraine, Belarus, the Baltic States, Moldova, Albania and Bulgaria.

We concentrate on CF because very good results can be achieved at low cost by getting the simple things "right", e.g. by keeping careful records of weight, height and lung function and then educating affected families and relevant medical professionals to provide regular, appropriate physiotherapy and a good diet for the child with CF.

Our key strategic objectives for 2012-2015 are:

Projects

- Develop a project plan, targets and exit strategy for each country where we work.
- Provide the resources and commitment to maintain and manage projects to achieve agreed targets.
- Develop and implement new projects as the opportunity arises, with a clear commitment to follow-through for at least 3 years.
- Develop closer practical working arrangements with CF Europe.
- Be more flexible in the use of health professionals other than doctors.

Fundraising

- Keep a viable fundraising strategy under continuous review to ensure income is always greater than proposed project expenditure.
- Maintain frequency and range of communication about work and achievements.
- Recruit additional regular donations, add to the database of supporters and make more use of the contacts we have.

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Directors' and Trustees' Report of the year ended 31 July 2015 (continued)

- Develop relationships with commercial organisations without compromising independence or values.

Organisation

- Ensure CHI keeps abreast of latest developments in CF and Charity management.
- Adapt as necessary to handle the planned increased project load efficiently.
- Ensure administration and governance costs remain below 15% of income.

Achievements and Performance 2014/15

During the past year we have continued to diversify our activities while significantly strengthening our financial position. We are now working with CF teams in four UK hospitals. Visits were made to five overseas partners and email contact was maintained or initiated with six more. Expenditure was lower than expected thanks to external funding of some initiatives and income was increased by successful fundraising and a generous bequest, but plans developed during this year should lead to increased expenditure in the next financial year.

Over a three day period in late October 2014 a team of 5 experienced clinicians from the Royal Brompton Hospital visited the Paediatric Cystic Fibrosis service at Vilnius University Hospital in Lithuania. Working alongside local colleagues, they held five outpatient clinic sessions, organised in a fully multidisciplinary way to represent as closely as possible the method of working used at RBH. This provided a highly practical demonstration of the benefits of modern treatment regimes and, in particular, the importance of a multidisciplinary approach with reduced emphasis on the medical model of care. In total 25 patients, mostly children, and their parents were seen by all members of the team, accompanied by local staff, all able to speak and understand English. Every aspect of their care was discussed, followed by a plenary report-back session at the end of each clinic. The visit worked very well, with all local staff enthusiastically embracing the concept of multidisciplinary working. However, evidence of real change in that direction since the previous visit was disappointingly limited. The key issue now for the Vilnius team is lack of human resources; future CHI support will be limited to training in physiotherapy, diet, and psychology applied to CF care when suitable candidates can be found. We will also continue modest financial support to the parents' association.

Following the successful visit to Cardiff in the previous year, a consultant in paediatric respiratory medicine and a paediatric physiotherapist from the Noah's Ark Children's Hospital for Wales, together with a CHI project manager, visited the CF teams in both Tallinn and Tartu in Estonia in October to establish an understanding of the strengths and weaknesses of the service for CF patients and decide how CHI could provide further assistance. They also gave presentations, delivered PEP masks donated by CHI and demonstrated their use. Ongoing support by phone or email was offered and a number of consultations have taken place. The next step is likely to be a visit by Estonian physiotherapists, and possibly a dietician, for training in Cardiff.

In November, Prof Kondratyeva, newly appointed head of the CF Centre in Moscow, spent a week with the paediatric CF team at the Royal Brompton Hospital in London. In April a consultant from the RBH spoke at the National CF Conference in Moscow and developed plans for a full multidisciplinary team 'master class'. Meanwhile, the leader of the Leeds Nutrition in CF course spoke at a conference in St Petersburg organised by the Russian

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Directors' and Trustees' Report of the year ended 31 July 2015 (continued)

foundation 'Ostrova'. While facilitated by CHI, these visits were funded by others. The 'master class' which will now take place in February 2016 will be funded by CHI.

The head of the adult CF service in Southampton visited the Sismanoglio Hospital in Athens to assess the local situation. Subsequently a doctor, a senior nurse and a physiotherapist from the Adult Cystic Fibrosis Unit visited Southampton for two weeks training. Although initiated through CHI, these visits were financed by a fund set up in memory of a Greek doctor who worked in the Southampton team. Following approval of a development plan for the service, we expect future visits to be funded by CHI.

In March, our previous work in Moldova bore fruit when the doctor who trained in Leeds and Southampton in 2012 opened a new CF Day Centre in Chisenau. This will avoid the need for children to attend clinics in the hospital ward with associated risk of cross-infection. Local fundraising and a European grant have provided the accommodation, we will donate a spirometer and scale for monitoring lung function and weight.

Also in March a 4 person team from Southampton Children's Hospital visited the CF Centre in Varna, Bulgaria. They saw a number of patients and gave advice on disease management, physiotherapy and diet. In-country costs were covered by the Bulgarian office of Abbott Laboratories. The next step is likely to be a visit to Southampton to see the multi-disciplinary team in action.

Discussions continue with the CF team in Latvia following our visit in March 2014 which recommended a neonatal screening trial. We have offered technical advice and the lead CF clinician in Birmingham, a member of the National CF Screening Committee, has offered support.

During the year we maintained contact with CF teams in Albania and Serbia and renewed contact with a previous partner in Belarus. We also received a request for help from a doctor in Republika Srpska, one of the administrative areas of Bosnia and Herzegovina and hope to make an exploratory visit in May 2016.

Winchester College kindly invited us to attend one of their classical music concerts in March 2015 and take a retiring collection which raised over £1200.

A generous legacy following the sad death of Dr Jean Galbraith, a former Trustee and Chair of CHI, resulted in a substantial boost to our funds.

Governance Matters

The board met five times during the year. Apart from monitoring activities and routine business, a new Health and Safety Policy was approved.

Rick Foulsham and Lucy Dowson resigned as trustees in November and January respectively. Katy Toms was elected as a trustee in September but resigned in July.

Financial Report

Income at £16,204 was substantially higher than in 2013/14 thanks to a very generous bequest from the late Dr Jean Galbraith, the generous support of Abbott in Bulgaria, and the kind co-operation of Winchester College in our fundraising concert. Despite an active year, project expenditure at £7,336 was slightly lower than in the previous year and was concentrated in Bulgaria, Estonia and Lithuania. Governance costs at £632 were lower than in 2013/14 and represented 3.9% of income.

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Directors' and Trustees' Report of the year ended 31 July 2015 (continued)

Mainly as a result of the exceptional generosity of our supporters mentioned above, there was an overall surplus of £8,136. The cash position at the end of the year was healthy (£34,150), leaving us in a strong position to continue and expand our work in the future.

Reserves Policy

All the funds of the Company are unrestricted. Reserves are used to meet the expenditure requirements of the charity in meeting its objectives. The Trustees consider the level of reserves at the end of the year to be adequate for its needs in the year ahead. They provide a measure of comfort to enable the charity's activities to continue in the event of a shortfall of donations and/or fundraising.

Website

A visit to our website is recommended for more information about Child Health International - www.childhealthinternational.org

This report was approved by the board 19 January 2016 and signed on its behalf.

RHJ Hopwood
Chairman of Trustees

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

**Statement of Financial Activities
for the year ended 31 July 2015**

	Notes	2015	2014
		£	£
INCOMING RESOURCES			
Incoming resources from generated funds:			
Donations and grants		14,489	4,881
Activities for generating funds		1,297	1,422
Investment income		418	413
Total incoming resources	2	<u>16,204</u>	<u>6,716</u>
RESOURCES EXPENDED			
Costs of generating funds:			
Fundraising		100	-
Charitable activities		7,336	8,003
Governance costs		632	1,008
Total resources expended		<u>8,068</u>	<u>9,011</u>
Net income/(expenditure)		8,136	(2,295)
RECONCILIATION OF FUNDS			
Total funds brought forward		24,970	27,265
Total funds carried forward		<u>33,106</u>	<u>24,970</u>

None of the charity's activities were acquired or disposed of in the year under review or the preceding year.

The charity has no recognised gains or losses other than those dealt with in the Statement of Financial Activities.

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

**Balance Sheet
as at 31 July 2015**

	Notes	<u>2015</u> £	<u>2014</u> £
Current Assets			
Debtors	5	1,056	1,059
Cash at bank and in hand		<u>34,150</u>	<u>23,961</u>
		35,206	25,020
Current Liabilities			
Creditors: Amounts falling due within one year	6	(2,100)	(50)
Total Assets less Current Liabilities		<u>33,106</u>	<u>24,970</u>
Unrestricted Funds			
General funds		33,106	24,970
Total Charity Funds		<u>33,106</u>	<u>24,970</u>

For the year ending 31st July 2015 the Company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the Company to obtain an audit in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 19 January 2016
and signed on their behalf by

RHJ Hopwood
Chairman

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

**Notes to the accounts
for the year ended 31 July 2015**

1 Principal Accounting Policies

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with both the Financial Reporting Standard for Smaller Entities effective April 2008 and the Statement of Recommended Practice "Accounting and Reporting by Charities" effective 2005.

1.2 Fund accounting

All funds are unrestricted and available for use at the discretion of the directors in furtherance of the general objectives of the charity.

1.3 Incoming resources

Incoming resources are included in the statement of financial activities when the Company is entitled to the income and the amount can be quantified with reasonable accuracy.

Donated services are disclosed where the value is readily available or capable of reasonable estimation.

1.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered.

1.5 Taxation

The company is a registered charity and all of its activities fall within the exemptions afforded to charities under taxation legislation. No charge to taxation therefore arises.

2 Turnover

The incoming resources of £13,994 (2014: £6,716) were related entirely to the company's charitable work.

The 2015 figure includes £2,210 (2014: £920) of donated services in terms of travel, accommodation and conference arrangements from Abbott. This figure is estimated.

Services and time provided free of charge by medical professionals are not included in this figure.

3 Employees

The company had no employees in this or the preceding year.

4 Related party transactions

No directors received any remuneration during the year. Two (2014: two) directors received £615 (2014: £1,276) by way of reimbursement of travel, accommodation and other costs

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

incurred on behalf of the company during the period.

**Notes to the accounts
for the year ended 31 July 2015**

5 Debtors

	<u>2015</u> £	<u>2014</u> £
Accrued income (gift aid)	753	420
Prepayments	303	287
Other	-	352
	<u>1,056</u>	<u>1,059</u>

6 Creditors

	<u>2015</u> £	<u>2014</u> £
Amounts falling due within one year:		
Accruals	2,100	50
	<u>2,100</u>	<u>50</u>