

## Events and Fundraising

We held an awareness event on 4<sup>th</sup> July: a reception in the Winchester Cathedral Refectory. Around 100 people came to enjoy our hospitality and to learn more about CHI and its work. Some of the team gave short presentations, and guests could chat informally with members of our medical project teams and trustees.



Trustee Rick and his son Will ran the gruelling Cape Wrath Challenge Marathon, raising an amazing £9000 for CHI. We thank them for our most successful ever fundraising event.

Our second fundraising event, a table top sale in Winchester in June, raised £649. Once again, special thanks to Michael Ridgway and his sister Jane.



Ki Stunt will be running for CHI in the Brighton Marathon on 14 April 2013. See the website for details on how to support him, or visit <https://mydonate.bt.com/events/kimarathon>.



## Make a donation to CHI

Visit our webpage to donate via PayPal or CAF, or send a cheque payable to Child Health International. If possible, please download a gift aid form from the web and send it to us.

**Child Health International**  
c/o 22 Little Hayes Lane, Itchen Abbas,  
Winchester, SO21 1XA  
Email: [info@childhealthinternational.org](mailto:info@childhealthinternational.org)  
Web: [www.childhealthinternational.org](http://www.childhealthinternational.org)

## Are you a member?

It is twenty years since CHI was incorporated and the Trustees have decided it is time they amended its governing documents to reflect recent changes in the law. They would also like to check to ensure the register of its members is up to date, since the amended documents will have to be adopted at a general meeting of the Company.

A member is someone who has served as a Trustee of the Company, or someone who has been invited to become a member by the Trustees. Members have a legal liability to contribute to the assets of the Company if it is wound up. Membership does not cease automatically upon retirement from the Board of Trustees, so it is possible former Trustees reading this newsletter may not realize they still have this obligation.

Members can resign at any time once they have ceased to be Trustees by notice in writing to the Secretary. If you think you may be a member please let Jane Brown know; and let her know whether or not you wish to remain one.

[jane.brown@childhealthinternational.org](mailto:jane.brown@childhealthinternational.org)

Registered Charity No1014734

Company limited by guarantee. Registered in England. Registration No 2733511.  
Registered Office: 22 Little Hayes Lane, Itchen Abbas, Winchester. SO21 1XA



# Child Health International

Helping children with Cystic Fibrosis live life

## December 2012

## A Word from the Chairman

Well, another year has flown by. For CHI it was both busy and successful. We now have active projects in five countries and feedback from medical staff and patients confirms that we are making a real difference to children's lives. See the map below and read the inside pages, or visit our website for more details. Following contacts made at the CF Europe conference in Dublin we are exploring new project possibilities in Bulgaria and Serbia. Thank you very much to all our supporters who have made all this possible. For those interested, a copy of our Annual Report and Accounts is available on request.

During the year we welcomed two new trustees to the board. David Sawyer and Lucy Dowson bring valuable expertise and experience to the charity. Special thanks to Tony Wolstenholme who is resigning as a trustee in the New Year; during his many years service as interpreter, project manager, trustee and chairman, he has made CHI what it is today. I am pleased to say he will continue as project manager for Ukraine and will be available to advise the board when necessary. We also have two new project manager volunteers, Adrian Gamble and Katie Toms. As yet we have not been able to recruit a fundraiser; if you know of anyone who might be able to help us in this area, please let me know.

*Best wishes for Christmas and the New Year!* I am confident that with your help 2013 will be an even busier and more successful year for CHI. **Jim Hopwood**

## Current Projects

Projects covered on inside page of this newsletter.



Southampton	Latvia
Southampton	Moldova
Southampton	Albania
Royal Brompton	Ukraine
Royal Brompton	Lithuania

If you would like more regular updates on CHI's work (at less cost to us), please send your email address to us: [info@childhealthinternational.org](mailto:info@childhealthinternational.org)



## Moldova

This March CHI hosted a visit to UK for a team from Moldova. The first part was participation in the new Nutrition for CF course at Leeds Metropolitan University, followed by a visit to Southampton General. Dr Oxana Turcu attended the course with Dr Diana Lagdzina from Latvia. The course was very successful; we hope to use it for other visitors in future. The Moldovans now have several ideas for ways they can improve their care. Prof. Svetlana Siuca joined them in Southampton for a detailed programme

prepared by Dr Julian Legg. Julian and Dr Gary Connett kindly hosted them in Southampton: this helps forge personal relationships between the teams, and at the same time helps CHI make the most effective use of donations.

We sent six nebulizers, funded by Kim Williams' London Marathon run in 2011. The Moldovan government provides free inhalable antibiotics but not the nebulizers needed to take advantage of them.

## Lithuania

Rod Halls visited Lithuania in Nov 2011 with very wide ranging discussions. As a result we started support for their Parents' Association, and provided seven nebulizers. A further larger visit was delayed but took place in September. An extract from that visit report: *There is no doubt that CF care in Vilnius is better for the involvement of CHI and the clinicians who contribute to its work. In practical ways CHI is helping the Parent Support Group do its work; it has provided equipment which does make a difference; it has shared modern treatment methods with key professional staff who have changed practice as a result. Communication has been transformed with help from Dr Kavaliunaite, a Lithuanian working in London.*

## Ukraine

A Lviv team visited the Royal Brompton Hospital in February for training. The team of Dr Iryna Shchurovska (Head, Intensive Care Unit, Children's Hospital, Lviv), Svitlana Orel (physiotherapist) and Olena Korytova (specialist nurse)



was hosted by Dr Rosenthal (RBH) and Tony Wolstenholme (CHI). European visa complications delayed the start, but they still found the training very valuable, and were able to enjoy a happy weekend including a visit to Windsor.

The Ukraine Government decided to withdraw free creon, a critical enzyme, for CF sufferers as a "public spending cut"; this has been reinstated in Western Ukraine after local pressure and intervention by Dr Rosenthal.

We have now been working with Lviv for 10 years.

## Latvia



After Dr Connett's visit to Latvia in Dec 2011 CHI arranged for Dr Lagdzina to attend the dietary course at Leeds Metropolitan in March. She found this very useful, and returned home with several new ideas. There were some difficulties getting these across, but there has been a great breakthrough with the formation of a multidisciplinary team in Riga. That was only possible through CHI's involvement, and we believe that it is a really important part of giving CF children the best treatment.

## Albania

CHI had a very successful exploratory visit to Albania in May 2012. The visit was arranged at the invitation of Mirela Idrizaj, chair of the Albanian League of Cystic Fibrosis and Prof. Evda Veveka of the National Children's Hospital in Tirana. The CHI team consisted of Dr Hazel Evans, paediatrician and Caroline Yonge, physiotherapist (Southampton University Hospital), Sue Barraclough, dietician (Poole) and Jim Hopwood, project manager. We saw the facilities and were able to talk with both staff and parents. We found an enthusiastic staff and excellent collaboration between the parents association and staff, but with many issues from lack of resources and training.



Discussions continued into the evening at joint suppers with local staff and parents, giving us more discussion time and helping us to understand each other better. We are looking forward to a very active project next year.