

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

**Directors' and Trustees' Report and Accounts
for the year ended 31 July 2016**

Company No. 02733511

**CHILD HEALTH INTERNATIONAL
A COMPANY LIMITED BY GUARANTEE**

Company Information

PATRON	Rosie Barnes OBE
PRESIDENT	Chris Rolles
DIRECTORS/TRUSTEES	Michael Ridgway Ronald Henry James Hopwood (Chairman) Dr Julian Peter Legg Philip David Penton Frederick William Salmond Prof Brandon Taylor (appointed 12/04/16) Laura Timms Stephen James Todd
SECRETARY	Frederick William Salmond
REGISTERED OFFICE	22 Little Hayes Lane Itchen Abbas Winchester SO21 1XA
COMPANY REGISTRATION NUMBER	02733511
REGISTERED CHARITY NUMBER	1014734

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**CHILD HEALTH INTERNATIONAL
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Directors' and Trustees' Report for the year ended 31 July 2016

The Directors and Trustees present their report and the accounts for the year ended 31 July 2016.

Structure and Governance

The company is a registered charity and a company limited by guarantee. It was incorporated on 22nd July 1992 and registered as a charity on 13th October 1992. Its governing document is the Articles of Association adopted by special resolution dated 18th September 2013. In the event of the Company being wound up members are required to contribute an amount not exceeding £10.

The Directors of the Company are also Trustees for the purposes of charity law. All Directors give their time voluntarily and receive no remuneration from the Company. Vacant Trustee positions are generally advertised and appointments are made by the Board after interview by one or more Directors. Appointments are made with due regard to the specific skills needed by the Company at the time of recruitment (for example medical, legal, fundraising, financial etc).

The Trustees have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the guidance on public benefit published by the Charity Commission. Support is normally offered through public health services available to all in the countries in which the Company operates.

Objectives and Activities

Child Health International is a registered charity, whose activity primarily concentrates on improving standards of healthcare by charitable means, principally in relation to the treatment of children in countries in central and eastern Europe who suffer from Cystic Fibrosis (CF). The Charity's first project was in Russia, where the CF healthcare system was transformed between 1994 and 1998. Subsequently CHI has also worked in Ukraine, Belarus, the Baltic States, Moldova, Albania, Bulgaria, and Greece.

We concentrate on CF because very good results can be achieved at low cost by getting the simple things "right", e.g. by keeping careful records of weight, height and lung function and then educating affected families and relevant medical professionals to provide regular, appropriate physiotherapy and a good diet for the child with CF.

Our key strategic objectives for 2016 to 2019 are:

Projects

- Develop project plans based on opportunities and resources available, with clear objectives and evaluation for each activity.
- Develop a process to quantify project outcomes.
- Provide the resources and commitment to maintain and manage projects to support the agreed program – recruit at least one new project manager.
- Maintain contact with CF Europe and restore connection with CF Trust. Explore possible cooperation with other charities and local organisations.
- Develop training packages in nutrition and physiotherapy which can be used directly with parents' associations.

Fundraising

- Keep fundraising strategy under continuous review to ensure expected income for the current year plus cash balances are sufficient to support

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Directors' and Trustees' Report of the year ended 31 July 2016 (continued)

current year projects and maintain cash reserves equivalent to the previous year's total expenditure.

- Recruit additional regular donors, update the database of supporters removing inactive names and make more use of the live contacts.
- Develop our presence on social media and produce two email newsletters per year.
- Maintain and develop relationships with Abbott Laboratories and Winchester College.
- Approach other companies and trusts when justified by successful expenditure.

Organisation

- Ensure CHI keeps abreast of latest developments in CF and Charity management.
- Recruit at least one new trustee, an Honorary Secretary and a potential new Chair.

Achievements and Performance 2015/16

During the year activities continued at a steady pace with medical teams in Birmingham, Cardiff, London and Southampton offering support to colleagues in Bulgaria, Estonia, Greece, Latvia, Lithuania, Moldova and Russia.

In October a Consultant Respiratory Paediatrician from Birmingham Children's Hospital together with a CHI project manager visited Riga Children's Hospital in Latvia. They toured the facilities and saw several patients, along with visiting Russian specialists. They also attended the Latvian CF Conference also attended by parents/family members of people with CF, GPs, trainee doctors from the Children's Hospital, other allied health professionals and the newly elected head of CF Europe. They offered advice on a possible new-born screening program and agreed to bring Latvian staff to Birmingham for training.

The Director of Adult CF Services in Southampton visited the Sismanoglio hospital in Athens in November together with members of her team, funded by CHI. They saw a number of patients and demonstrated the multi-disciplinary team in action. This follows a number of visits to and from Athens by the adult teams, funded by others, and the Director reports that the relatively intensive training and mentoring provided is already resulting in measurable improvements to patient health. We expect to fund further training in the coming year.

In February a team made up of members of both the paediatric and adult CF teams at the Royal Brompton Hospital visited Moscow to present a two day 'Master Class'. They gave talks and demonstrations on physiotherapy, nutrition, infection control and the transition from child to adult care to doctors and other staff from three CF centres in Moscow and from hospitals in St Petersburg, the Crimea, Stavropol, Yaroslavl, Izhevsk, Nizhny Novgorod, Rostov-on-Don, Arkhangelsk and Smolensk – 30 people in total. Following the school, a number of doctors from regional centres are taking the RBH online course '*Managing the care of children and adults with cystic fibrosis*' which is now available in Russian. Following

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Directors' and Trustees' Report of the year ended 31 July 2016 (continued)

completion of the course it is expected that they will spend a week observing CF care at RBH or another UK centre.

In March we sent a spirometer, toddler scale and adult scale to the new CF day centre in Moldova, run by the doctor who came to Southampton in 2012 and strongly supported by the parents association. These will allow them to monitor growth and lung function on a regular basis and take action before symptoms become severe.

We met the travel costs of a physiotherapist from the Moldovan day centre and two from Athens who attended a two day training course arranged by CF Europe in Belgrade. The Serbian physiotherapist who we brought to Southampton in 2014 spoke on *Motivating Patients for Physiotherapy*, alongside experts from France and Belgium.

We renewed modest financial support to the parents association in Lithuania and the RBH team continue to offer support by email and telephone.

The team at Cardiff Children's Hospital continue to offer support to two CF centres in Estonia but a proposed visit in June had to be postponed due to other commitments. Similarly, Southampton continues to offer support to colleagues in Bulgaria but a planned visit has been postponed until the autumn.

Governance Matters

The board met three times during the year to monitor activities and approve proposed expenditure. Brandon Taylor, already an active project manager, was appointed to the board in April.

Financial Report

Income at £5,261 was £10,943 lower than in 2014/15, mainly due to the generous legacy received in that year. Laurie Ridgway successfully raised over £1,200 for the charity by competing in the London Marathon. An active year, especially in Greece, Moldova and Russia, meant that project expenditure at £10,359 was 28% higher than in 2014/15. As a result there was a net deficit of £(5,098) which was met from cash reserves. Governance and support costs at £519 were lower than in the previous year.

The cash position at the end of the year was £28,962, providing a satisfactory base for the charity to continue and expand its work in the future.

Reserves Policy

All the funds of the Charity are unrestricted. Reserves are used to fund the expenditure requirements of the charity in meeting its objectives. The Trustees consider the level of reserves at the end of the year to be adequate for its needs in the year ahead. They provide a measure of comfort to enable the charity's activities to continue in the event of a shortfall of donations and/or fundraising.

Website

A visit to our website is recommended for more information about Child Health International - www.childhealthinternational.org

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Directors' and Trustees' Report of the year ended 31 July 2016 (continued)

This report was approved by the board on 4th April 2017 and signed on its behalf.

RHJ Hopwood
Chairman of Trustees

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**Statement of Financial Activities
Incorporating Income and Expenditure Account
for the year ended 31 July 2016**

	Notes	2016	2015
		£	£
INCOME AND ENDOWMENTS FROM:			
Donations and legacies		3,589	14,489
Charitable activities		1,233	1,297
Investments	2	439	418
Total	3	<u>5,261</u>	<u>16,204</u>
EXPENDITURE ON:			
Raising funds	4 & 5	434	108
Charitable activities	4 & 5	9,925	7,960
Total resources expended		<u>10,359</u>	<u>8,068</u>
Net income/(expenditure)		(5,098)	8,136
RECONCILIATION OF FUNDS:			
Total funds brought forward		33,106	24,970
Total funds carried forward		<u>28,008</u>	<u>33,106</u>

None of the charity's activities were acquired or disposed of in the year under review or the preceding year.

The charity has no recognised gains or losses other than those dealt with in the Statement of Financial Activities.

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**Balance Sheet
as at 31 July 2016**

	Notes	<u>2016</u> £	<u>2015</u> £
Current Assets			
Debtors	8	1,096	1,056
Cash at bank and in hand		<u>28,962</u>	<u>34,150</u>
Total current assets		30,058	35,206
Current Liabilities			
Creditors: Amounts falling due within one year	9	(2,050)	(2,100)
Total Net Assets		<u>28,008</u>	<u>33,106</u>
The Funds of the Charity			
Unrestricted funds		28,008	33,106
Total Charity Funds		<u>28,008</u>	<u>33,106</u>

For the year ending 31st July 2016 the Company was entitled to exemption under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the Company to obtain an audit in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the Board on 4th April 2017
and signed on their behalf by

RHJ Hopwood
Chairman

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**Notes to the accounts
for the year ended 31 July 2016**

1 Principal Accounting Policies

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE), Financial Reporting Standard 102, and the Companies Act 2006.

1.2 Fund accounting

All funds are unrestricted and available for use at the discretion of the directors in furtherance of the general objectives of the charity.

1.3 Income

Income is included in the statement of financial activities when the Company is entitled to the income and the amount can be quantified with reasonable accuracy.

Donated services are disclosed where the value is readily available or capable of reasonable estimation.

1.4 Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered.

1.5 Taxation

The company is a registered charity and all of its activities fall within the exemptions afforded to charities under taxation legislation. No charge to taxation therefore arises.

2 Investment Income

Investment income consists of interest on cash deposits.

3 Turnover

The income of £5,261 (2015: £16,204) was related entirely to the company's charitable work.

The 2016 figure includes £nil (2015: £2,210) of donated services in terms of travel, accommodation and conference arrangements - the 2015 figure is estimated. Services and time provided free of charge by medical professionals are not included in these figures.

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**Notes to the accounts
for the year ended 31 July 2016 (continued)**

4 Analysis of Expenditure on Charitable Activities

	Support costs £	Governance costs £	Total 2016 £	Total 2015 £
Insurance	363	0	363	343
Postage, printing & stationery	0	0	0	84
Conferences, training	30	0	30	30
Travel	0	0	0	79
Other	0	126	126	96
Totals	<u>393</u>	<u>126</u>	<u>519</u>	<u>632</u>

5 Analysis of Resources Expended by Expenditure Type

	Support costs £	Governance costs £	Total 2016 £	Total 2015 £
Fundraising costs	0	413	413	100
Direct project costs	9,427	0	9,427	7,336
Support costs	377	16	393	536
Governance costs	121	5	126	96
Totals	<u>9,925</u>	<u>434</u>	<u>10,359</u>	<u>8,068</u>

Support and governance costs are apportioned pro rata to direct project costs and fundraising costs.

6 Employees

The company had no employees in this or the preceding year.

7 Related party transactions

No directors received any remuneration during the year. Two (2016: two) directors received £3,884 (2015: £615) by way of reimbursement of travel and accommodation and related costs for medical professionals and themselves incurred during project work and incurred on behalf of the company during the period.

8 Debtors

	<u>2016</u> £	<u>2015</u> £
Accrued income	776	753
Prepayments	320	303
	<u>1,096</u>	<u>1,056</u>

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**Notes to the accounts
for the year ended 31 July 2016 (continued)**

9 Creditors	<u>2016</u>	<u>2015</u>
Amounts falling due within one year:	£	£
Accruals	2,050	2,100
	<u>2,050</u>	<u>2,100</u>